

Write Postcards to Your Legislators

Why we write postcards to our representatives:

Writing to your elected officials is a great way to take action for LGBTQ+ rights from your home or community space. Faith voices have an important role to play in the fight against discrimination. According to a 2024 Public Religion Research Institute (PRRI) study, 83% of the Jewish community supports LGBTQ+ nondiscrimination. So often, religion is used as an argument against LGBTQ+ rights and protections, which is why it is so powerful for us to speak up as Jews and say: it is not despite our religious beliefs that we support LGBTQ+ protections, but because of our Jewish values that we fight for justice.

Judaism teaches us:

- Every person is created *B'Tzelem Elohim*, in the Divine image.
- The principle of *Pikuach Nefesh* — saving lives — demands that we act to protect LGBTQ+ youth and adults from harm.
- The Jewish value *Rachamim* — compassion — teaches us to have empathy, especially for those facing discrimination, and to take action because everyone deserves to live safely and in dignity.

Instructions:

1. Fill out [this form](#) to receive postcards.
2. Write a postcard to your state representatives (Senate and House) and US representatives (two Senators and one House representative).
 - a. Use the sample messages on the next page for guidance!
3. [Look up the addresses](#) of your elected officials.
4. Mail your postcards and multiply your impact by encouraging your friends, family, and community members to write and send their own postcards!

Formatting Addresses:

From:

Your Name

Address Line 1

Address Line 2 (optional)

City, State, Zipcode

To:

Legislator Name

Address Line 1

Address Line 2 (optional)

City, State, Zipcode

Sample Messages:

- My name is Ryan and I am a constituent who lives in Columbus, Ohio, and a member of the LGBTQ+ community. Less than 50% of the LGBTQ+ population lives in states prohibiting discrimination. It is time we unify and send the message that the United States is an inclusive country where all people are treated fairly and equally.
- My name is Monique, and I am a constituent who lives in Athens, Georgia, and the parent of a trans child. I hope that you will pass legislation to show that the United States is an inclusive country where all people are treated fairly and equally.
- My name is Jake and I am an ally to the LGBTQ+ community living in Orlando, Florida. My Jewish tradition teaches that all people — including LGBTQ+ people — are created in the image of God. I believe that my friends, neighbors, and family members who are in the LGBTQ+ community deserve the same opportunities to work and live in our country as anyone else.
- My name is Simone, and I am a Jewish community leader in your district. My Judaism calls me to take action to repair the world. I believe that all people deserve the opportunity to live without fear of discrimination, and I urge you to ensure this becomes a reality for LGBTQ+ people in the United States.
- My name is Jordan, and I am urging you to support legislation that improves LGBTQ+ protections under the law. Over 83% of Americans support laws that protect LGBTQ+ rights. I will not vote for you if you are not able to stand firm for equality for ALL Americans and listen to your constituents.

Additional Resources:

- [Track anti-LGBTQ+ legislation in your state](#)
- [Movement Advancement Project Equality Map](#)
- [Check out key data from the Public Religion Research Institute \(PRRI\)](#)
- [Talking about anti-trans legislation through a Jewish lens](#)
- [The role of Jewish Community Spaces Amid Hostile Legislation for LGBTQ+ Youth](#)