

Resources for LGBTQ+ Jewish Youth

IF YOU NEED HELP RIGHT NOW

THE TREVOR PROJECT

thetrevorproject.org

Available 24/7

The Trevor Project provides crisis intervention and suicide prevention services. If you need immediate support or help, trained counselors are just a phone call, text, or online chat away. You are not alone. Call the TrevorLifeline at **866-488-7386** or text **START** to **678678**.

LGBT NATIONAL YOUTH HOTLINE

lgbthotline.org/youth-talkline/

Available Monday-Friday and some hours Saturday

We provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. Call **800-246-7743**

TRANS LIFELINE

www.translifeline.org

Available Monday-Friday, 1pm-9pm ET

Trans Lifeline's Hotline is a peer support service run by trans people, for trans and questioning callers. Our operators are located all over the U.S. and Canada, and are all trans-identified. If you are in crisis or just need someone to talk to, call **877-565-8860**

24/7 Crisis Hotlines (not LGBTQ-specific):

- 988 SUICIDE AND CRISIS LIFELINE: Dial 988
- Crisis Text Line: Text TALK to 741-741

National Resources

PFLAG

PFLAG is the nation's largest organization dedicated to supporting, educating, and advocating for LGBTQ+ people and those who love them. pflag.org

Advocates for Trans Equality

Advocates for Trans Equality fights for the legal and political rights of transgender people in America. transequality.org/

Trans Youth Equality Foundation

The Trans Youth Equality Foundation provides education, advocacy and support for transgender, nonbinary and gender non-conforming children and youth and their families.

transyouthequality.org/

Keshet's Resources for Trans People and their Families

Find the support you need. We have national and local resources available:

keshetonline.org/trans-services-resources

Keshet Youth Programs are open to all LGBTQ+ and ally Jewish youth (13-24). We have weekly online programs, annual Shabbaton weekend retreats, processing spaces, and more.

keshetonline.org/youth

Contact the team at youth@keshetonline.org